



November Menu

BUFFET LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
Nov 2	Nov 3	Nov 4	Nov 5	Nov 6
Orange Chicken with Rice & Peas	Cheesy Mozz Bites with Marinara	Beef Sesame Rice Bowl with Broccoli	Cheese Tamale with Black Beans	Cheese Pizza
Turkey & Cheese Sub with Corn Tajin	Italian Turkey Trio Sub with Baby Carrots	Mac & Cheese with Mixed Veg	Turkey & Cheese Sub with Fava Bean Crisps	Turkey-Beef Pepperoni Pizza
		Build Your Own Seed Butter & Jelly Sammie with Baby Carrots		Chicken Caesar Salad & Bread Roll
Nov 9	Nov 10	Nov 11	Nov 12	Nov 13
Cheeseburger & Fries	Beef Marinara Pasta	Cheesy Mozz Bites with Marinara	Turkey Nachos with Refried Beans & Tortilla Chips	Cheese Pizza
Turkey & Cheese Sub with Corn Tajin	Build Your Own Cheese Pizza Kit	Asian Chicken Salad with Crispy Noodles	Wow Butter & Jelly Sandwich with Fava Bean Crisps	Turkey-Beef Pepperoni Pizza
			Southwest Chicken Salad & Bread Roll	Holiday Turkey w/ Gravy & Mashed Potatoes with Bread Roll
Nov 16	Nov 17	Nov 18	Nov 19	Nov 20
Chicken Bites with Mashed Potatoes	Mac & Cheese with Diced Carrots	Bean & Cheese Pupusa with Curtido	Chicken Tamale with Pinto Beans	Cheese Pizza
Turkey & Cheese Sub with Corn Tajin	Chicken Salad Sandwich with Baby Carrots	Chicken Teriyaki with Rice and Diced Carrots	Grilled Cheese Sandwich with Fava Bean Crisps	Turkey-Beef Pepperoni Pizza
			Veggie Chef Salad with Hard Boiled Egg, Garbanzo Beans & Bread Roll	Crispy Chicken Sandwich
Nov 23	Nov 24	Nov 25	Nov 26	Nov 27
Orange Chicken with Rice & Peas	Cheesy Mozz Bites with Marinara	Beef Sesame Rice Bowl with Broccoli	Cheese Tamale with Black Beans	Cheese Pizza
Turkey & Cheese Sub with Corn Tajin	Italian Turkey Trio Sub with Baby Carrots	Mac & Cheese with Mixed Veg	Turkey & Cheese Sub with Fava Bean Crisps	Turkey-Beef Pepperoni Pizza
		Build Your Own Seed Butter & Jelly Sammie with Baby Carrots		Chicken Caesar Salad & Bread Roll
Extra 1/4 c Veg: Baby Carrots	Extra 1/4 c. Veg: Celery Sticks	Extra 1/4 c. Veg: Cucumber & Tajin	Extra 1/4 c. Veg: Jicama	Veg: Side Salad w/ Dressing
Fruit: 100% Fruit Juice	Fruit: Mandarin	Fruit: Banana 11/4, 11/11, 11/25 Cup 11/18 Mixed Berry	Fruit: Orange	Fruit: Apple

Lunch Includes:
Choice of 1% or Fat Free Milk,
Fruit & Vegetable of the Day

Vegetarian Meals in Green
All Grains Are Wholegrain Rich
Menu is Subject to Change