



August Menu

Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
Aug 3	Aug 4	Aug 5	Aug 6	Aug 7
Strawberry Yogurt Parfait with Cinnamon Granola	Vanilla Concha	Banana Muffin	Bagel & Cream Cheese	Berry & Apple Bar
Honey Bunches of Oats Cereal	Cheerios Cereal	Cinnamon Chex Cereal	Balance Foods Chocolate Puffs Cereal	Honey Bunches of Oats Cereal
	French Toast Sticks	Sausage & Cheese English Muffin Breakfast Sammie	Mini Strawberry Pancakes	Waffle
Fruit: Apple Slices & Pear	Fruit: Apple & Nectarine	Fruit: 100% Fruit Juice & Pear	Fruit: Pear & Apple	Fruit: Pear & Apple
Aug 10	Aug 11	Aug 12	Aug 13	Aug 14
Mantecada Muffin	Cinnamon Swirl	Yogurt & String Cheese	Strawberry Banana Smoothie with Granola	Yogurt & Honey Grahams
Balance Foods Maple Cinnamon Puffs Cereal	Balance Foods Chocolate Puffs Cereal	Cheerios Cereal	Honey Bunches of Oats Cereal	Balance Foods Maple Cinnamon Puffs Cereal
Egg & Cheese Burrito with Green Salsa	Apple Hand Pie	Sausage & Cheese Stuffed Waffle	Mini Maple Pancakes	Sausage & Cheese Croissant
Fruit: Apple Slices & Banana	Fruit: Apple & Nectarine	Fruit: 100% Fruit Juice & Pear	Fruit: Plum & Apple	Fruit: Banana & Pear
Aug 17	Aug 18	Aug 19	Aug 20	Aug 21
Chocolate Chip Sweet Potato Muffin Top	Cinnamon Crumble	Vanilla Conchita with String Cheese	Blueberry Muffin	Croissant with Jelly
Cinnamon Chex Cereal	Honey Bunches of Oats Cereal	Balance Foods Maple Cinnamon Puffs Cereal	Cheerios Cereal	Cinnamon Chex Cereal
Mini Strawberry Pancakes	French Toast Sticks	Sausage Pancake Sandwich	Egg & Cheese Burrito with Green Salsa	Oatmeal with Blueberries
Fruit: Apple Slices & Banana	Fruit: Apple & Nectarine	Fruit: 100% Fruit Juice & Pear	Fruit: Pear & Apple	Fruit: Banana & Pear
Aug 24	Aug 25	Aug 26	Aug 27	Aug 28
Yogurt & Honey Grahams	Vanilla Concha	Banana Muffin	Bagel & Cream Cheese	Berry & Apple Bar
Balance Foods Chocolate Puffs Cereal	Cheerios Cereal	Cinnamon Chex Cereal	Balance Foods Chocolate Puffs Cereal	Honey Bunches of Oats Cereal
Mini Maple Pancakes	French Toast Sticks	Sausage & Cheese English Muffin Breakfast Sammie	Mini Strawberry Pancakes	Waffle
Fruit: Apple Slices & Banana	Fruit: Apple & Nectarine	Fruit: 100% Fruit Juice & Pear	Fruit: Pear & Apple	Fruit: Banana & Pear
Aug 31	Sep 1	Sep 2	Sep 3	Sep 4
Strawberry Yogurt Parfait with Cinnamon Granola	Cinnamon Swirl	Yogurt & String Cheese	Strawberry Banana Smoothie with Granola	Yogurt & Honey Grahams
Balance Foods Maple Cinnamon Puffs Cereal	Balance Foods Chocolate Puffs Cereal	Cheerios Cereal	Honey Bunches of Oats Cereal	Balance Foods Maple Cinnamon Puffs Cereal
Egg & Cheese Burrito with Green Salsa	Apple Hand Pie	Sausage & Cheese Stuffed Waffle	Mini Maple Pancakes	Sausage & Cheese Croissant
Fruit: Apple Slices & Banana	Fruit: Apple & Nectarine	Fruit: 100% Fruit Juice & Pear	Fruit: Plum & Apple	Fruit: Banana & Pear

Breakfast Includes:
Choice of 1% or Fat Free Milk
& Fruit of the Day

*All Grains Are Wholegrain Rich
Menu is Subject to Change*



August Menu LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
Aug 3	Aug 4	Aug 5	Aug 6	Aug 7
Cheese Pizza	Crispy Chicken Sandwich & Fries	Cheesy Mozz Bites with Marinara	Hot Dog & Fries	Grilled Cheese Sandwich with Fava Bean Crisps
Pepperoni Pizza	Veggie Burger & Potato Wedges	Beef & Cheese Taco Stick with Baby Carrots	Bean & Cheese Burrito with Baby Carrots	Chicken Tamale with Pinto Beans
Turkey & Cheese Sub	Turkey & Cheese Sub - Corn with Tajin	Grab 'N Go Mantecada Muffin, Yogurt, String Cheese & Baby Carrots	Chicken Teriyaki with Rice & Diced Carrots	Grab 'N Go Chicken Salad, Crackers, & Fava Bean Crisps
	Wow Butter & Jelly Sandwich - Corn with Tajin	Grab 'N Go Yogurt, Granola, String Cheese & Baby Carrots	Build Your Own Seed Butter & Jelly Sammie with Baby Carrots	Turkey & Cheese Sub with Fava Bean Crisps
Aug 10	Aug 11	Aug 12	Aug 13	Aug 14
Cheese Pizza	Chicken Bites & Fries	Pasta with Meat Sauce	Cheesy Mozz Bites with Marinara	BBQ Chicken with Baked Beans & Roll
Pepperoni Pizza	Bean Burrito Bowl with Corn	Bean & Cheese Burrito with Baby Carrots	Beef Sesame Rice Bowl with Broccoli	Turkey Nachos with Refried Beans & Tortilla Chips
Beef & Cheese Burrito	Build Your Own Seed Butter & Jelly Sammie - Corn with Tajin	Chicken Salad Sandwich with Baby Carrots	Chicken Dumplings with Mixed Veg	Wow Butter & Jelly Sandwich with Fava Bean Crisps
Chicken Caesar Salad & Roll	Turkey & Cheese Sub - Corn with Tajin	Wow Butter & Jelly Sandwich with Baby Carrots	Build Your Own Cheese Pizza Kit	Veggie Chef Salad with Hard Boiled Egg, Garbanzo Beans & Roll
Aug 17	Aug 18	Aug 19	Aug 20	Aug 21
Cheese Pizza	Cheeseburger & Fries	Mac & Cheese with Diced Carrots	Chicken Bites with Corn	Cheese Tamale with Black Beans
Pepperoni Pizza	Orange Chicken with Rice & Peas	Pineapple Chicken Teriyaki with Rice & Diced Carrots	Firecracker Chicken Dumplings Edamame & Peas	Bean & Cheese Pupusa with Pinto Beans
Crispy Chicken Sandwich	Grab 'N Go Mantecada Muffin, Yogurt, String Cheese & Corn	Grab 'N Go Yogurt, Granola, String Cheese & Baby Carrots	Grilled Cheese Sandwich with Baby Carrots	Turkey & Cheese Sub with Fava Bean Crisps
Turkey & Cheese Sub	Turkey & Cheese Sub - Corn with Tajin	Italian Turkey Trio Sub with Baby Carrots	Asian Chicken Salad with Crispy Noodles	Southwest Chicken Salad & Roll
Aug 24	Aug 25	Aug 26	Aug 27	Aug 28
Cheese Pizza	Crispy Chicken Sandwich & Fries	Cheesy Mozz Bites with Marinara	Hot Dog & Fries	Grilled Cheese Sandwich with Fava Bean Crisps
Pepperoni Pizza	Veggie Burger & Potato Wedges	Beef & Cheese Taco Stick with Baby Carrots	Bean & Cheese Burrito with Baby Carrots	Chicken Tamale with Pinto Beans
Bean & Cheese Burrito	Turkey & Cheese Sub - Corn with Tajin	Grab 'N Go Mantecada Muffin, Yogurt, String Cheese & Baby Carrots	Chicken Teriyaki with Rice & Diced Carrots	Grab 'N Go Chicken Salad, Crackers, & Fava Bean Crisps
Wow Butter & Jelly Sandwich	Wow Butter & Jelly Sandwich - Corn with Tajin	Grab 'N Go Yogurt, Granola, String Cheese & Baby Carrots	Build Your Own Seed Butter & Jelly Sammie with Baby Carrots	Turkey & Cheese Sub with Fava Bean Crisps
Aug 31	Sep 1	Sep 2	Sep 3	Sep 4
Cheese Pizza	Chicken Bites & Fries	Pasta with Meat Sauce	Cheesy Mozz Bites with Marinara	BBQ Chicken with Baked Beans & Roll
Pepperoni Pizza	Bean Burrito Bowl with Corn	Bean & Cheese Burrito with Baby Carrots	Beef Sesame Rice Bowl with Broccoli	Turkey Nachos with Refried Beans & Tortilla Chips
Beef & Cheese Burrito	Build Your Own Seed Butter & Jelly Sammie - Corn with Tajin	Chicken Salad Sandwich with Baby Carrots	Chicken Dumplings with Mixed Veg	Wow Butter & Jelly Sandwich with Fava Bean Crisps
Chicken Caesar Salad & Roll	Turkey & Cheese Sub - Corn with Tajin	Wow Butter & Jelly Sandwich with Baby Carrots	Build Your Own Cheese Pizza Kit	Veggie Chef Salad with Hard Boiled Egg, Garbanzo Beans & Roll
Extra 1/4 c Veg: Broccoli with Ranch	Extra 1/4 c. Veg: Baby Carrots	Extra 1/4 c. Veg: Celery Sticks	Extra 1/4 c. Veg: Cucumber with Tajin	Extra 1/4 c. Veg: Jicama Cubes
Fruit: Peach	Fruit: 100% Fruit Juice	Fruit: Apple	Fruit: Banana	Fruit: Nectarine

Lunch Includes:
Choice of 1% or Fat Free Milk,
Fruit & Vegetable of the Day

Vegetarian Meals in Green
All Grains Are Wholegrain Rich
Menu is Subject to Change



August Menu SNACK



Monday	Tuesday	Wednesday	Thursday	Friday
Aug 3	Aug 4	Aug 5	Aug 6	Aug 7
Goldfish Cheddar Crackers	Mozzarella String Cheese	Goldfish Pretzels	Honey Graham Crackers	Ranch Crackers
Aug 10	Aug 11	Aug 12	Aug 13	Aug 14
Vanilla Crackers	Pizza Crackers	Giant Cinnamon Grahams	Balance Foods Cheese Puffs	Goldfish Cheddar Crackers
Aug 17	Aug 18	Aug 19	Aug 20	Aug 21
Wheat Crackers	Sunflower Seeds	Balance Foods Churro Poptillas	Chocolate Granola	Balance Foods Nacho Poptillas
Aug 24	Aug 25	Aug 26	Aug 27	Aug 28
Honey Graham Crackers	Mozzarella String Cheese	Goldfish Pretzels	Honey Graham Crackers	Ranch Crackers
Aug 31	Sep 1	Sep 2	Sep 3	Sep 4
Vanilla Crackers	Pizza Crackers	Giant Cinnamon Grahams	Balance Foods Cheese Puffs	Goldfish Cheddar Crackers
Fruit: 100% Fruit Juice	Fruit: Apple	Fruit: Peach	Fruit: 100% Fruit Juice	Fruit: Pear

**Snack Includes:
Fruit of the Day**

**All Grains Are Wholegrain Rich
*Menu is Subject to Change***



August Menu

ALLERGEN FRIENDLY



Monday	Tuesday	Wednesday	Thursday	Friday
WEEKLY BREAKFAST MENU				
Cinnamon Chex Bowl Strawberry Rockinola Granola	GF Cheerios Bowl Chocolate Rockinola Granola	Cinnamon Chex Bowl Strawberry Rockinola Granola	GF Cheerios Bowl Chocolate Rockinola Granola	Corn Chex Bowl Chocolate Rockinola Granola
WEEKLY LUNCH MENU				
Turkey Marinara Bowl w/ Green Peas	Chicken Fajitas Bowl w/ Green Beans	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn
WEEKLY SNACK MENU				
Rockinola Chocolate Granola, Fruit*	Corn Tortilla Chips, Fruit*	Rockinola Cinnamon Granola, Fruit*	Rockinola Strawberry Granola, Fruit*	Corn Tortilla Chips, Fruit*
WEEKLY SUPPER MENU				
Chicken Fajitas Bowl w/ Green Beans	Turkey Marinara Bowl w/ Green Peas	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini
HANDLING INSTRUCTIONS				
Keep food frozen/refrigerated until ready to cook and serve. Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute. For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.				
ALLERGEN MANAGEMENT PLAN				
Revolution Foods takes food safety & student safety seriously. We have an allergen management plan in place to prevent allergen cross-contamination. This meal is free of major 9 allergens plus gluten and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against the listed allergies up to the stated limit of detection (LOD) using an accredited test method. Please note while gluten meets the LOD to be categorized as gluten-free,				
<i>Milk Alternatives are available through the A La Carte Menus. (Additional fees may apply.)</i>	Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
	Almond Protein	20 ppm	Gluten Protein	5 ppm
	Fish Protein	5 ppm	Hazelnut Protein	20 ppm
	Custacean Protein	10 ppm	Total Milk Protein	2.5 ppm
	Fish Protein	5 ppm	Peanut Protein	1 ppm
	Egg Protein	1.25 ppm	Walnut Protein	2.5 ppm
	Soy Protein	1.5 ppm	Sesame Protein	3 ppm