



Monday	Tuesday	Wednesday	Thursday	Friday
Aug 3	Aug 4	Aug 5	Aug 6	Aug 7
Crispy Chicken Sandwich & Fries	Mac & Cheese with Diced Carrots	Chicken Teriyaki with Rice & Diced Carrots	Chicken Tamale with Pinto Beans	Cheese Pizza
Turkey & Cheese Sub - Corn with Tajin	Grab 'N Go Yogurt, Granola, String Cheese & Baby Carrots	Build Your Own Seed Butter & Jelly Sammie with Baby Carrots	Grilled Cheese Sandwich with Fava Bean Crisps	Pepperoni Pizza
			Turkey & Cheese Sub with Fava Bean Crisps	Chicken Caesar Salad & Roll
Aug 10	Aug 11	Aug 12	Aug 13	Aug 14
Chicken Bites with Mashed Potatoes	Pasta with Meat Sauce	Cheesy Mozz Bites with Marinara	Turkey Nachos with Refried Beans & Tortilla Chips	Cheese Pizza
Turkey & Cheese Sub - Corn with Tajin	Chicken Salad Sandwich with Baby Carrots	Beef Sesame Rice Bowl with Broccoli	Veggie Chef Salad with Hard Boiled Egg, Garbanzo Beans & Roll	Pepperoni Pizza
		Build Your Own Cheese Pizza Kit		Turkey & Cheese Sub
Aug 17	Aug 18	Aug 19	Aug 20	Aug 21
Orange Chicken with Rice & Peas	Cheesy Mozz Bites with Marinara	Chicken Bites with Mashed Potatoes	Cheese Tamale with Black Beans	Cheese Pizza
Turkey & Cheese Sub - Corn with Tajin	Pineapple Chicken Teriyaki with Rice & Diced Carrots	Asian Chicken Salad with Crispy Noodles	Southwest Chicken Salad & Roll	Pepperoni Pizza
	Italian Turkey Trio Sub with Baby Carrots			Wow Butter & Jelly Sandwich
Aug 24	Aug 25	Aug 26	Aug 27	Aug 28
Crispy Chicken Sandwich & Fries	Mac & Cheese with Diced Carrots	Chicken Teriyaki with Rice & Diced Carrots	Chicken Tamale with Pinto Beans	Cheese Pizza
Turkey & Cheese Sub - Corn with Tajin	Grab 'N Go Yogurt, Granola, String Cheese & Baby Carrots	Build Your Own Seed Butter & Jelly Sammie with Baby Carrots	Grilled Cheese Sandwich with Fava Bean Crisps	Pepperoni Pizza
			Turkey & Cheese Sub with Fava Bean Crisps	Chicken Caesar Salad & Roll
Aug 31	Sep 1	Sep 2	Sep 3	Sep 4
Chicken Bites with Mashed Potatoes	Pasta with Meat Sauce	Cheesy Mozz Bites with Marinara	Turkey Nachos with Refried Beans & Tortilla Chips	Cheese Pizza
Turkey & Cheese Sub - Corn with Tajin	Chicken Salad Sandwich with Baby Carrots	Beef Sesame Rice Bowl with Broccoli	Veggie Chef Salad with Hard Boiled Egg, Garbanzo Beans & Roll	Pepperoni Pizza
		Build Your Own Cheese Pizza Kit		Turkey & Cheese Sub
Extra 1/4 c Veg: Baby Carrots	Extra 1/4 c. Veg: Celery Sticks	Extra 1/4 c. Veg: Cucumber with Tajin	Extra 1/4 c. Veg: Jicama Cubes	Extra 1/4 c. Veg: Side Salad
Fruit: 100% Fruit Juice	Fruit: Apple	Fruit: Banana	Fruit: Nectarine	Fruit: Peach

Lunch Includes:
Choice of 1% or Fat Free Milk,
Fruit & Vegetable of the Day

Vegetarian Meals in Green
All Grains Are Wholegrain Rich
Menu is Subject to Change