

MAY BREAKFAST (Nevada)



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| 27 | 28 | 29 | 30 | 1 |
| Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Sandwich | Cinnamon Crumble Honey Bunches of Oats Cereal Apple Hand Pie (V) | Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich | Vanilla Concha Cheerios Mini Pancakes (V) | Strawberry Smoothie w/Granola Cinnamon Chex Cereal Stuffed Waffle |
| 4 | 5 | 6 | 7 | 8 |
| Strawberry Yogurt Parfait w/ Granola Cinnamon Chex Cereal Egg Scramble & Biscuit | Vanilla Concha Cheerios French Toast Sticks (V) | Chocolate Chip Muffin Top Honey Bunches of Oats Mini Pancake (V) | Cinnamon Swirl Cheerios English Muffin Breakfast Sandwich | Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancake (V) |
| 11 | 12 | 13 | 14 | 15 |
| Chocolate Chip Muffin Top Honey Bunches of Oats French Toast | Cinnamon Crumble Honey Bunches of Oats Cereal Apple Hand Pie (V) | Mantecada Muffin Cinnamon Chex Cereal English Muffin Breakfast Sandwich | Vanilla Concha Cheerios Mini Pancakes (V) | Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle |
| 18 | 19 | 20 | 21 | 22 |
| Yogurt & Grahams Cinnamon Chex Cereal Egg Scramble & Biscuit | Vanilla Concha Cheerios French Toast Sticks (V) | Chocolate Chip Muffin Top Honey Bunches of Oats Mini Pancake (V) | Cinnamon Swirl Cheerios English Muffin Breakfast Sandwich | Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancake (V) |
| 25 | 26 | 27 | 28 | 29 |
| Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Sandwich | Cinnamon Crumble Honey Bunches of Oats Cereal Apple Hand Pie (V) | Mantecada Muffin Cinnamon Chex Cereal English Muffin Breakfast Sandwich | Vanilla Concha Cheerios Mini Pancakes (V) | Strawberry Smoothie w/Granola Cinnamon Chex Cereal Stuffed Waffle |
| Breakfast Includes: | Featured Fruit: | RevUp Rewards: | | |
| Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich | Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Tangerines | Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards | | |



MAY SNACK Nevada



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--------------------------|---------------------------|----------------------------|--------------------------|
| 27 | 28 | 29 | 30 | 1 |
| Goldfish Cheddar & Juice | Pizza Crackers & Fruit | Goldfish Pretzels & Juice | Cheese Puffs & Fruit | Goldfish Cheddar & Juice |
| 4 | 5 | 6 | 7 | 8 |
| Wheat Crackers & Juice | Graham Crackers & Fruit | Pizza Crackers & Fruit | Goldfish Pretzel & Juice | Poptillas & Fruit |
| 11 | 12 | 13 | 14 | 15 |
| Poptillas & Juice | Wheat Crackers & Fruit | Ranch Crackers & Fruit | Educational Snacks & Juice | Wheat Crackers & Fruit |
| 18 | 19 | 20 | 21 | 22 |
| Goldfish Pretzel & Juice | Goldfish Cheddar & Fruit | Poptillas & Fruit | Graham Crackers & Juice | Ranch Crackers & Fruit |
| 25 | 26 | 27 | 28 | 29 |
| Goldfish Cheddar & Juice | Graham Crackers & Fruit | Wheat Crackers & Fruit | Goldfish Pretzel & Juice | Poptillas & Fruit |

Snack Includes:

RevUp Rewards:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice
 *All fruits meet 3/4 cup equivalent
 *All grains are wholegrain rich
Monday: apple or orange **Tuesday:** applw **Wednesday:** orange **Thursday:** juice **friday:** pear

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MAY LUNCH (Nevada)



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| 4 | 5 | 6 | 7 | 8 |
| Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich | Cheeseburger & Fries Chicken Bites w/ Mashed Potatoes BYO "P"B&J Kit (V) | Pizza Bites w/ Marinara (V) Chicken Dumplings w/ Not So Fried Rice Beef Taco Stick w/ Baby Carrots Cheese Pizza Kit (V) | BBQ Chicken w/ Baked Beans Cheese Tamale w/ Black Beans Grilled Cheese w/ Fava Beans (V) Veggie Chef Salad (V) | Spaghetti w/ Meat Sauce Grilled Cheese (V) Mantecada Muffin, Yogurt, String Cheese Kit (V) |
| 11 | 12 | 13 | 14 | 15 |
| Pepperoni Pizza Cheese Pizza (V) BYO "P"B&J Kit (V) | Crispy Chicken Sandwich w/ Fries Veggie Burger & Wedges BYO "P"B&J Kit w/ Corn Tajin (V) | Chicken Tamale w/ Mixed Veg Pizza Bites w/ Marinara Sauce (V) Beef Taco Stick w/ Baby Carrots Turkey & Cheese Sandwich | Chicken Teriyaki w/ Not So Fried Rice Cheese Lasagna w/ Marinara Sauce (V) Bean & Cheese Burrito w/ Baby Carrots (V) Cheese Pizza Kit (V) | Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans Veggie Chef Salad (V) |
| 18 | 19 | 20 | 21 | 22 |
| Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich | Hot Dog & Fries Beef Elote Loaded Potatoes BYO "P"B&J Kit w/ Corn Tajin (V) | Bean & Cheese Pupusa w/ Curtido (V) Chicken Alfredo Pasta w/ Peas Beef Taco Stick w/ Baby Carrots Turkey Trio Sandwich | Chicken Teriyaki w/ Not So Fried Rice Mac & Cheese w/ Mixed Veg (V) Bean & Cheese Burrito w/ Baby Carrots (V) Turkey & Cheese Sub Sandwich | Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans Veggie Chef Salad (V) |
| 25 | 26 | 27 | 28 | 29 |
| Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich | Cheeseburger & Fries Chicken Bites w/ Mashed Potatoes BYO "P"B&J Kit (V) | Pizza Bites w/ Marinara (V) Chicken Dumplings w/ Not So Fried Rice Beef Taco Stick w/ Baby Carrots Turkey & Cheese Sandwich | Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans Veggie Chef Salad (V) | Cheese Lasagna w/ Marinara Sauce Grilled Cheese (V) Beef Taco Stick w/ Baby Carrots Mantecada Muffin, Yogurt, String Cheese Kit (V) |
| Lunch Includes: | Veg of the Day: | Featured Fruit: | RevUp Rewards: | |
| Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich | Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing | Apples, Apple Slices, Applesauce, Bananas, Dried Cranberries, Oranges, Pears, Raisins, 100% Juice Seasonal: Tangerines | Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards | |



ALLERGY FRIENDLY



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---------|-----------|----------|--------|
|--------|---------|-----------|----------|--------|

Weekly Breakfast Menu

| | | | | |
|--|---|--|---|---|
| Cinnamon Chex Bowl, Strawberry Rockinola Granola | GF Cheerios Bowl, Chocolate Rockinola Granola | Cinnamon Chex Bowl, Strawberry Rockinola Granola | GF Cheerios Bowl, Chocolate Rockinola Granola | Corn Chex Bowl, Chocolate Rockinola Granola |
|--|---|--|---|---|

Weekly Lunch Menu

| | | | | |
|------------------------------------|-------------------------------------|------------------------------------|--------------------------------|--|
| Turkey Marinara Bowl w/ Green Peas | Chicken Fajitas Bowl w/ Green Beans | California Turkey & Vegetable Bowl | Beef & Veggie Bowl w/ Zucchini | Turkey & Rice Burrito Bowl w/ Refried Beans & Corn |
|------------------------------------|-------------------------------------|------------------------------------|--------------------------------|--|

Weekly Snack Menu

| | | | | |
|-------------------------------------|-----------------------------|------------------------------------|--------------------------------------|-----------------------------|
| Rockinola Chocolate Granola, Fruit* | Corn Tortilla Chips, Fruit* | Rockinola Cinnamon Granola, Fruit* | Rockinola Strawberry Granola, Fruit* | Corn Tortilla Chips, Fruit* |
|-------------------------------------|-----------------------------|------------------------------------|--------------------------------------|-----------------------------|

Weekly Supper Menu

| | | | | |
|-------------------------------------|------------------------------------|--|------------------------------------|--------------------------------|
| Chicken Fajitas Bowl w/ Green Beans | Turkey Marinara Bowl w/ Green Peas | Turkey & Rice Burrito Bowl w/ Refried Beans & Corn | California Turkey & Vegetable Bowl | Beef & Veggie Bowl w/ Zucchini |
|-------------------------------------|------------------------------------|--|------------------------------------|--------------------------------|

Handling Instructions

Keep food frozen/refrigerated until ready to cook and serve.
 Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute.
 For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Lunch Includes:

Milk Alternatives are available through the A La Carte Menus.
 (Additional fees may apply.)

This institution is an equal opportunity provider.

Menus are subject to change without notice for another AFM option.

Our Allergen Management Plan:

| Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place to prevent allergen cross-contamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against these listed allergies up to the stated limit of detection (LOD) using an accredited test method. | Target Allergen | LOD (Limit of Detection) | Target Allergen | LOD (Limit of Detection) |
|--|--------------------------|--------------------------|-----------------------|--------------------------|
| | Almond Protein | 2 ppm | Gluten Protein | 4 ppm |
| | Brazil Nut Protein | 5 ppm | Hazelnut Protein | 5 ppm |
| | Cashew/Pistachio Protein | 2 ppm | Macadamia nut Protein | 2 ppm |
| | Coconut Protein | 10 ppm | Total Milk Protein | 1 ppm |
| | Crustacean Protein | 2 ppm | Peanut Protein | 1 ppm |
| | Whole Egg Protein | 2 ppm | Walnut Protein | 10 ppm |
| | Soy Protein | 2 ppm | Sesame Protein | 5 ppm |

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