

MARCH BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Vanilla Concha Cheerios Cereal French Toast Sticks	Chocolate Chip Muffin Top Honey Bunches of Oats Mini Pancakes	Cinnamon Swirl Cheerios Cereal English Muffin Breakfast Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes	Strawberry Yogurt Parfait w/Granola Cinnamon Chex Cereal Egg Scramble & Biscuit
9	10	11	12	13
Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie (V)	Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal Mini Pancake	Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats French Toast Sticks (V)
16	17	18	19	20
Vanilla Concha Cheerios Cereal French Toast Sticks	Chocolate Chip Muffin Top Honey Bunches of Oats Mini Pancakes	Cinnamon Swirl Cheerios Cereal English Muffin Breakfast Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes	Yogurt & Grahams Cinnamon Chex Cereal Egg Scramble & Biscuit
23	24	25	26	27
Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie	Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal Mini Pancake	Smoothie & Granola Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Sandwich
30	31	1	2	3
Vanilla Concha Cheerios Cereal French Toast Sticks	Mantecada Muffin Honey Bunches of Oats Mini Pancakes	Cinnamon Swirl Cheerios Cereal English Muffin Breakfast Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes	Yogurt & Grahams Cinnamon Chex Cereal Egg Scramble & Biscuit

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Blood Oranges	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



MARCH BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Vanilla Concha Cheerios Cereal	Chocolate Chip Muffin Top Honey Bunches of Oats French Toast Sticks	Cinnamon Swirl Cheerios Cereal	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes	Strawberry Yogurt Parfait w/ Granola Cinnamon Chex Cereal
9	10	11	12	13
Cinnamon Crumble Honey Bunches of Oats	Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal	Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats
16	17	18	19	20
Conchita w/ String Cheese Cheerios Cereal	Chocolate Chip Muffin Top Honey Bunches of Oats French Toast Sticks	Cinnamon Swirl Cheerios Cereal	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes	Yogurt & Grahams Cinnamon Chex Cereal
23	24	25	26	27
Cinnamon Crumble Honey Bunches of Oats	Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal	Smoothie & Granola Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats
30	31	1	2	3
Conchita w/ String Cheese Cheerios Cereal	Mantecada Muffin Cinnamon Chex Cereal Croissant Breakfast Sandwich	Cinnamon Swirl Cheerios Cereal	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes	Yogurt & Grahams Cinnamon Chex Cereal

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Blood Oranges	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



MARCH LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cheeseburger & Fries Chicken Bites w/ Mashed Potatoes "P"B&J BYO Kit w/ Corn Tajin (V)	Pizza Bites w/ Marinara Sauce (V) Chicken Dumplings w/ Not So Fried Rice Bean & Cheese Burrito w/ Baby Carrots (V) Cheese Pizza Kit (V)	BBQ Chicken w/ Baked Beans Cheese Tamale w/ Black Beans (V) Veggie Chef Salad (V)	Penne Pasta w/ Meatsauce Grilled Cheese w/ Baby Carrots (V) Beef Taco Stick w/ Baby Carrots (V) Mantecada Muffin, Yogurt, String Cheese Kit (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
9	10	11	12	13
Crispy Chicken Sandwich & Fries Veggie Burger & Wedges BYO "P"B&J Kit w/ Corn Tajin (V)	Chicken Tamale w/ Mixed Veg Mac & Cheese w/ Mixed Veg (V) Bean & Cheese Burrito w/ Baby Carrots (V) Turkey & Cheese Sub Sandwich	Chicken Teriyaki w/ Diced Carrots & Not So Fried Rice Cheese Lasagna (V) Grilled Cheese w/ Fava Beans (V) Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans (V) Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) BYO "P"B&J Kit (V)
16	17	18	19	20
Hot Dog & Fries Beef Elote Loaded Potatoes BYO "P"B&J Kit w/ Corn Tajin (V)	Bean & Cheese Pupusa w/ Curtido Chicken Alfredo Pasta w/ Peas Bean & Cheese Burrito w/ Baby Carrots (V) Italian Turkey Trio Sandwich	Chicken Teriyaki w/ Diced Carrots & Not So Fried Rice Pizza Bites w/ Marinara Sauce (V) Beef Taco Stick w/ Baby Carrots Turkey & Cheese Sub Sandwich	Turkey Nachos w/ Tortilla Chips Cheese Tamale w/ Black Beans (V) Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
23	24	25	26	27
Cheeseburger & Fries Veggie Burger & Wedges BYO "P"B&J Kit w/ Corn Tajin (V)	Pizza Bites w/ Marinara Sauce (V) Chicken Dumplings w/ Not So Fried Rice Bean & Cheese Burrito w/ Baby Carrots (V) Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans (V) Veggie Chef Salad (V)	Cheese Lasagna (V) Pizza Bites w/ Marinara Sauce (V) Beef Taco Stick w/ Baby Carrots (V) Mantecada Muffin, Yogurt, String Cheese Kit (V)	Pepperoni Pizza Cheese Pizza (V) BYO "P"B&J Kit (V)
30	31	1	2	3
Hot Dog & Fries Chicken Bites & Mashed Potatoes BYO "P"B&J Kit w/ Corn Tajin (V)	Chicken Tamale w/ Mixed Veg Mac & Cheese w/ Mixed Veg (V) Bean & Cheese Burrito w/ Baby Carrots (V) Turkey & Cheese Sub Sandwich	Chicken Teriyaki w/ Diced Carrots & Not So Fried Rice Grilled Cheese w/ Fava Beans (V) Beef Taco Stick w/ Baby Carrots Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans (V) Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) Turkey & Cheese Sub Sandwich
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries/ Corn Tuesday: Baby Carrots Wednesday: Cucumber / Celery Thursday: Crispy Beans Friday: Side Salad w/ Dressing	Apples, Apple Slices, Bananas, Pears, Oranges 100% Juice Seasonal: Tangerines	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



MARCH SNACK



Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Grahams & Fruit	3 Pizza Crackers & Fruit	4 Goldfish Pretzels & Juice	5 Poptillas & Fruit	6 Goldfish Cheddar & Juice
9 Honey Grahams & Fruit	10 Ranch Crackers & Fruit	11 Educational Crackers & Juice	12 Wheat Crackers & Fruit	13 Poptillas & Juice
16 Goldfish & Fruit	17 Poptillas & Fruit	18 Honey Grahams & Juice	19 Ranch Crackers & Fruit	20 Goldfish Pretzels & Juice
23 Cinnamon Grahams & Fruit	24 Pizza Crackers & Fruit	25 Goldfish Pretzels & Juice	26 Poptillas & Fruit	27 Goldfish Cheddars & Juice
30 Cinnamon Grahams & Fruit	31 Ranch Crackers & Fruit	1 Educational Crackers & Juice	2 Wheat Crackers & Fruit	3 Poptillas & Juice

Snack Includes:

RevUp Rewards:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice
 *All fruits meet 3/4 cup equivalent
 *All grains are wholegrain rich
Monday: Apple **Tuesday:** Orange **Wednesday:** Juice **Thursday:** Pear **Friday:** Juice

Scan Our QR Code Daily
 Rate the Meal You Ate
You're Entered to Win!
 Drawings Monthly
 Learn More and See Prizes:
www.revolutionfoods.com/revuprewards



MARCH SUPPER



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Beef, Bean & Cheese Burrito (2M/2G) Mantecada Muffin & Yogurt Kit (V)(2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	Teriyaki Chicken w/ Rice & Carrots (2M,1G) "P"&B Sandwich Kit (V) (2M/2G) Italian Trio Sandwich (2M/2G)	Cheeseburger w/ Fries (2M,2G, 1/2c veg) Cheese Pizza Kit (V) (2M/2G) Chicken Pasta Salad (2M/1G)	Cheese Pizza (2M, 2G) Veggie Chef Salad w/ Egg (V) (2M/2G) Turkey & Cheese Sub Sandwich (2M/1G)	Pizza Bites w/ Marinara (2M,2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G) Cold Teriyaki Pasta Salad (2M/1G)
9	10	11	12	13
Grilled Cheese (V) (2M/2G) "P"B&J Sandwich Kit (V) (2M/2G) Muffin, Seeds, & String Cheese Kit (V) (2M/2G)	Crispy Chicken Sandwich & Fries (2M, 3G) Mantecada Muffin & Yogurt Kit (V)(2M/2G) Cold Teriyaki Pasta Salad (2M/1G)	Pepperoni Pizza w/ Baby Carrots (2M/2G, 1/2c veg) Cheese Pizza Kit (V) (2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	Hot Dog w/ Fries (2M,2G, 1//2c veg) Chicken Caesar Salad (V) (2M/2G) Cheese Pizza Kit (V) (2M/2G)	Cheese Lasagna (2M/1G, 1/2 c veg) Turkey & Cheese Sandwich (2M/1G) Sunflower Seed & String Cheese Kit (V) (2M/2G)
16	17	18	19	20
Bean & Cheese Burrito (2M/2G) Mantecada Muffin & Yogurt Kit (V)(2M/2G) Wowbutter & Jelly (V)(2M/2G)	Chicken Dumplings w/ Rice & Diced Carrots (2M,2G) "P" B & J Sandwich Kit (V) (2MA, 2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	Crispy Chicken Sandwich & Fries (2M,3G) Cheese Pizza Kit (V) (2M/2G) Turkey & Cheese Sub Sandwich (2M/1G)	Pizza Bites w/ Marinara (2M/2G) Mantecada & Yogurt Kit (V)(2M/2G) Turkey & Cheese Sub Sandwich (2M/1G)	Chicken Dumplings w/ Rice & Diced Carrots (2M,2G) Veggie Chef Salad w/ Egg (V) (2M/2G) Cold Teriyaki Pasta Salad (2M/1G)
23	24	25	26	27
Beef, Bean & Cheese Burrito (2M/2G) Mantecada Muffin & Yogurt Kit (V)(2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	Teriyaki Chicken w/ Rice & Carrots (2M,1G) "P"B&J Sandwich Kit (V) (2M/2G) Italian Trio Sandwich (2M/2G)	Cheeseburger w/ Fries (2M,2G, 1/2c veg) Cheese Pizza Kit (V) (2M/2G) Chicken Pasta Salad (2M/1G)	Cheese Pizza (2M/2G) Veggie Chef Salad w/ Egg (V) (2M/2G) Turkey & Cheese Sub Sandwich (2M/1G)	Pizza Bites w/ Marinara (2M,2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G) Cold Teriyaki Pasta Salad (2M/1G)
30	31	1	2	3
Grilled Cheese (V) (2M/2G) "P"B&J Sandwich Kit (V) (2M/2G) Muffin, Seeds, & String Cheese Kit (V) (2M/2G)	Crispy Chicken Sandwich & Fries (2M, 3G) Mantecada Muffin & Yogurt Kit (V)(2M/2G) Cold Teriyaki Pasta Salad (2M/1G)	Pepperoni Pizza w/ Baby Carrots (2M/2G, 1/2c veg) Cheese Pizza Kit (V) (2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	Hot Dog w/ Fries (2M,2G, 1//2c veg) Chicken Caesar Salad (V) (2M/2G) Cheese Pizza Kit (V) (2M/2G)	Cheese Lasagna (2M/1G, 1/2 c veg) Turkey & Cheese Sandwich (2M/1G) Sunflower Seed & String Cheese Kit (V) (2M/2G)
Supper Includes:		Featured Fruit:		RevUp Rewards:
Choice of 1% or Fat Free Milk 1/2 cup Fruit & 1/2 cup Vegetable included with each meal. (V) Vegetarian *All grains are wholegrain rich		Monday: Juice or Apple Tuesday: Apple or Pear Wednesday: Orange Thursday: Apple Slices Friday: Apple or Raisins		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



ALLERGY FRIENDLY



Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------

Weekly Breakfast Menu

Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Corn Chex Bowl, Chocolate Rockinola Granola
--	---	--	---	---

Weekly Lunch Menu

Turkey Marinara Bowl w/ Green Peas	Chicken Fajitas Bowl w/ Green Beans	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn
------------------------------------	-------------------------------------	------------------------------------	--------------------------------	--

Weekly Snack Menu

Rockinola Chocolate Granola, Fruit*	Corn Tortilla Chips, Fruit*	Rockinola Cinnamon Granola, Fruit*	Rockinola Strawberry Granola, Fruit*	Corn Tortilla Chips, Fruit*
-------------------------------------	-----------------------------	------------------------------------	--------------------------------------	-----------------------------

Weekly Supper Menu

Chicken Fajitas Bowl w/ Green Beans	Turkey Marinara Bowl w/ Green Peas	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini
-------------------------------------	------------------------------------	--	------------------------------------	--------------------------------

Handling Instructions

Keep food frozen/refrigerated until ready to cook and serve.
 Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute.
 For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Lunch Includes:

Milk Alternatives are available through the A La Carte Menus.
 (Additional fees may apply.)

This institution is an equal opportunity provider.

Menus are subject to change without notice for another AFM option.

Our Allergen Management Plan:

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place to prevent allergen cross-contamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against these listed allergies up to the stated limit of detection (LOD) using an accredited test method.	Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
	Almond Protein	2 ppm	Gluten Protein	4 ppm
	Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
	Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
	Coconut Protein	10 ppm	Total Milk Protein	1 ppm
	Crustacean Protein	2 ppm	Peanut Protein	1 ppm
	Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
	Soy Protein	2 ppm	Sesame Protein	5 ppm

This institution is an equal opportunity provider. Menus are subject to change without notice for another AFM option.