

FEBRUARY BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Vanilla Concha Cheerios Cereal French Toast Sticks	Bagel w/Cream Cheese Honey Bunches of Oats Cheerios Cereal Breakfast Burrito (V)	Cinnamon Swirl Cheerios Cereal Honey Bunches of Oats English Muffin Breakfast Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes (V)	Strawberry Yogurt Parfait w/Granola Cinnamon Chex Cereal Honey Bunches of Oats Egg Scramble & Biscuit
9	10	11	12	13
Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie (V)	Mantecada Muffin Cinnamon Chex Cereal Honey Bunches of Oats Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal Mini Pancake (V)	Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Pancake Sandwich
16	17	18	19	20
President's Day	Bagel w/Cream Cheese Honey Bunches of Oats Cheerios Cereal Breakfast Burrito (V)	Cinnamon Swirl Cheerios Cereal Honey Bunches of Oats English Muffin Breakfast Sandwich	Vanilla Concha Honey Bunches of Oats Cereal Mini Pancakes (V)	Strawberry Yogurt Parfait w/Granola Cinnamon Chex Cereal Honey Bunches of Oats Egg Scramble & Biscuit
23	24	25	26	27
Cinnamon Crumble Honey Bunches of Oats Breakfast Apple Hand Pie (V)	Mantecada Muffin Cinnamon Chex Cereal Honey Bunches of Oats Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal Mini Pancake (V)	Smoothie & Granola Cinnamon Chex Cereal Honey Bunches of Oats Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Cheerios Cereal Pancake Sandwich
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Blood Oranges		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



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Vanilla Concha Cheerios Cereal	Bagel w/Cream Cheese Honey Bunches of Oats Cheerios Cereal Breakfast Burrito (V)	Cinnamon Swirl Cheerios Cereal	Blueberry Muffin Honey Bunches of Oats Cereal Mini Pancakes (V)	Strawberry Yogurt Parfait w/ Granola Cinnamon Chex Cereal Honey Bunches of Oats
9	10	11	12	13
Cinnamon Crumble Honey Bunches of Oats	Mantecada Muffin Cinnamon Chex Cereal Honey Bunches of Oats Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal	Yogurt & Grahams Cinnamon Chex Cereal Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats
16	17	18	19	20
President's Day	Bagel w/Cream Cheese Honey Bunches of Oats Cheerios Cereal Breakfast Burrito (V)	Cinnamon Swirl Cheerios Cereal	Vanilla Concha Honey Bunches of Oats Cereal Mini Pancakes (V)	Strawberry Yogurt Parfait w/ Granola Cinnamon Chex Cereal Honey Bunches of Oats
23	24	25	26	27
Cinnamon Crumble Honey Bunches of Oats	Mantecada Muffin Cinnamon Chex Cereal Honey Bunches of Oats Croissant Breakfast Sandwich	Conchita w/ String Cheese Cheerios Cereal	Smoothie & Granola Cinnamon Chex Cereal Honey Bunches of Oats Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Apples, Apple Slices, Applesauce Cups, Bananas, Oranges, Pears, Raisins, 100% Fruit Juice Seasonal Fruit: Blood Oranges		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



FEBRUARY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Hot Dog & Fries Beef Elote Loaded Potatoes Mantecada Muffin Kit w/ Yogurt, String Cheese & Corn (V)	Bean & Cheese Pupusa w/ Curtido (V) Beef Taco Stick w/ Baby Carrots Chicken Alfredo Pasta w/ Peas Italian Turkey Trio Sandwich	Chicken Teriyaki w/ Rice & Diced Carrots Pizza Bites w/ Marinara Sauce (V) Bean & Cheese Burrito w/ Baby Carrots Turkey & Cheese Sub Sandwich	Grilled Cheese w/ Fava Beans Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit w/ Crispy Beans	Pepperoni Pizza Cheese Pizza (V) Bean & Cheese Burrito Turkey & Cheese Sub Sandwich
9	10	11	12	13
Cheeseburger & Fries Veggie Burger & Fries Wowbutter Sandwich Kit w/ Tajin Corn (V)	Firecracker Chicken Dumplings w/ Not So Fried Rice Pizza Bites w/ Marinara Sauce (V) Beef Burrito w/ Baby Carrots Cheese Pizza Kit (V)	Grilled Cheese w/ Fava Beans BBQ Chicken w/ Baked Beans Veggie Chef Salad (V)	Penne Pasta w/ Meatsauce Grilled Cheese Sandwich (V) Bean & Cheese Burrito w/ Baby Carrots Asian Chicken Salad	Pepperoni Pizza Cheese Pizza (V) Beef Taco Stick Turkey & Cheese Sub Sandwich
16	17	18	19	20
President's Day	Chicken Tamale w/ Mixed Veg Mac & Cheese w/ Mixed Veg (V) Beef Taco Stick w/ Baby Carrots Turkey & Cheese Sub Sandwich	Chicken Teriyaki w/ Diced Carrots & Not So Fried Rice Cheese Lasagna (V) Bean & Cheese Burrito w/ Baby Carrots Cheese Pizza Kit (V)	Turkey Nachos w/ Tortilla Chips Grilled Cheese w/ Fava Beans Veggie Chef Salad (V)	Pepperoni Pizza Cheese Pizza (V) Beef Burrito BYO Seedbutter Sandwich (V)
23	24	25	26	27
Crispy Chicken Sandwich w/ Fries Cheeseburger & Fries Mantecada Muffin Kit w/ Yogurt, String Cheese & Corn (V)	Bean & Cheese Pupusa w/ Curtido (V) Chicken Alfredo Pasta w/ Peas Beef Taco Stick w/ Baby Carrots Italian Turkey Trio Sandwich	Chicken Teriyaki w/ Rice & Diced Carrots Pizza Bites w/ Marinara Sauce (V) Bean & Cheese Burrito w/ Baby Carrots Turkey & Cheese Sub Sandwich	Beef Taco Stick w/ Fava Beans Cheese Tamale w/ Black Beans (V) Grilled Cheese Sandwich w/ Fava Beans Chicken Salad & Cheese Kit w/ Crispy Beans	Pepperoni Pizza Cheese Pizza (V) Beef Burrito Turkey & Cheese Sub Sandwich
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries/ Corn Tuesday: Crispy Beans Wednesday: Baby Carrots Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Apple Slices, Bananas, Dried Cranberries, Pears, Raisins, 100% Juice Seasonal: Tangerines	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



FEBRUARY SNACK



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cinnamon Grahams & Fruit	Pizza Crackers & Fruit	Goldfish Pretzels & Juice	Cheese Puffs & Fruit	Goldfish Cheddar & Juice
9	10	11	12	13
Honey Grahams & Fruit	Ranch Crackers & Fruit	Educational Crackers & Juice	Wheat Crackers & Fruit	Cheese Puffs & Juice
16	17	18	19	20
President's Day	Cheese Puffs & Fruit	Pizza Crackers & Juice	Ranch Crackers & Fruit	Goldfish Pretzels & Juice
23	24	25	26	27
Cinnamon Grahams & Fruit	Pizza Crackers & Fruit	Goldfish Pretzels & Juice	Cheese Puffs & Fruit	Goldfish Cheddars & Juice

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice
 *All fruits meet 3/4 cup equivalent
 *All grains are wholegrain rich
Monday: Apple **Tuesday:** Orange **Wednesday:** Juice **Thursday:** Pear **Friday:** Juice

RevUp Rewards:

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ALLERGY FRIENDLY



Monday	Tuesday	Wednesday	Thursday	Friday
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Weekly Breakfast Menu

Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Corn Chex Bowl, Chocolate Rockinola Granola
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Weekly Lunch Menu

Turkey Marinara Bowl w/ Green Peas	Chicken Fajitas Bowl w/ Green Beans	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn
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Weekly Snack Menu

Rockinola Chocolate Granola, Fruit*	Corn Tortilla Chips, Fruit*	Rockinola Cinnamon Granola, Fruit*	Rockinola Strawberry Granola, Fruit*	Corn Tortilla Chips, Fruit*
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Weekly Supper Menu

Chicken Fajitas Bowl w/ Green Beans	Turkey Marinara Bowl w/ Green Peas	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini
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Handling Instructions

Keep food frozen/refrigerated until ready to cook and serve.
 Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute.
 For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Lunch Includes:

Milk Alternatives are available through the A La Carte Menus.
 (Additional fees may apply.)

This institution is an equal opportunity provider.

Menus are subject to change without notice for another AFM option.

Our Allergen Management Plan:

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place to prevent allergen cross-contamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against these listed allergies up to the stated limit of detection (LOD) using an accredited test method.	Target Allergen	LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
	Almond Protein	2 ppm	Gluten Protein	4 ppm
	Brazil Nut Protein	5 ppm	Hazelnut Protein	5 ppm
	Cashew/Pistachio Protein	2 ppm	Macadamia nut Protein	2 ppm
	Coconut Protein	10 ppm	Total Milk Protein	1 ppm
	Crustacean Protein	2 ppm	Peanut Protein	1 ppm
	Whole Egg Protein	2 ppm	Walnut Protein	10 ppm
	Soy Protein	2 ppm	Sesame Protein	5 ppm

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FEBRUARY SUPPER



Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Beef, Bean & Cheese Burrito (2M/2G) Mantecada Muffin & Yogurt Kit (V)(2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	Teriyaki Chicken w/ Rice & Carrots (2M,1G) Soy Butter Sandwich (2M/2G) Italian Trio Sandwich (2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	Cheeseburger w/ Fries (2M,2G, 1/2c veg) Cheese Pizza Kit (V) (2M/2G) Chicken Pasta Salad (2M/1G) Turkey & Cheese Sub Sandwich (2M/1G)	Chicken Tamale w/ Mixed Vegetables (2M,2G, 1/2c veg) Veggie Chef Salad w/ Egg (V) (2M/2G) Turkey & Cheese Sub Sandwich (2M/1G)	Pizza Bites w/ Marinara (2M,2G) Yogurt Parfait w/ Granola (2M/1G) Cold Teriyaki Pasta Salad (2M/1G) Turkey & Cheese Sub Sandwich (2M/1G)
9 Grilled Cheese (V) (2M/2G) "P"B&J Sandwich Kit (V) (2M/2G) Muffin, Seeds, & String Cheese Kit (V) (2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	10 Chicken Bites w/ Mashed Potatoes (2M/1G) Mantecada Muffin & Yogurt Kit (V)(2M/2G) Cold Teriyaki Pasta Salad (2M/1G) Turkey & Cheese Sub Sandwich (2M/1G)	11 Pepperoni Pizza w/ Baby Carrots (2M/2G, 1/2c veg) Cheese Pizza Kit (V) (2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	12 Hot Dog w/ Fries (2M,2G, 1//2c veg) Chicken Caesar Salad (V) (2M/2G) Cheese Pizza Kit (V) (2M/2G) Turkey & Cheese Sub Sandwich (2M/1G)	13 Cheese Lasagna (2M/1G, 1/2 c veg) Chicken Salad & Cheese Cracker Kit (2M/1G) Sunflower Seed & String Cheese Kit (V) (2M/2G)
16 President's Day	17 Chicken Teriyaki w/ Rice & Diced Carrots (2M,2G) Soy Butter Sandwich (V) (2MA, 2G) Italian Trio Sandwich (2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	18 Cheeseburger w/ Fries (2M,2G, 1/2c veg) Cheese Pizza Kit (V) (2M/2G) Chicken Pasta Salad (2M/1G) Turkey & Cheese Sub Sandwich (2M/1G)	19 Chicken Tamale w/ Mixed Vegetables (2M,2G, 1/2c veg) Veggie Chef Salad w/ Egg (V) (2M/2G) Turkey & Cheese Sub Sandwich (2M/1G)	20 Pizza Bites w/ Marinara (2M,2G) Yogurt Parfait w/ Granola (1M/1G) Cold Teriyaki Pasta Salad (2M/1G) Turkey & Cheese Sub Sandwich (2M/1G)
23 Grilled Cheese (V) (2M/2G) "P"B&J Sandwich Kit (V) (2M/2G) Muffin, Seeds, & String Cheese Kit (V) (2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	24 Chicken Bites w/ Mashed Potatoes (2M/1G) Mantecada Muffin & Yogurt Kit (V)(2M/2G) Cold Teriyaki Pasta Salad (2M/1G) Turkey & Cheese Sub Sandwich (2M/1G)	25 Pepperoni Pizza (2M/2G) Cheese Pizza Kit (V) (2M/2G) Yogurt, String Cheese, & Granola Kit (V)(2M/2G)	26 Hot Dog w/ Fries (2M,2G, 1//2c veg) Chicken Caesar Salad (V) (2M/2G) Cheese Pizza Kit (V) (2M/2G) Turkey & Cheese Sub Sandwich (2M/1G)	27 Cheese Lasagna (2M/1G, 1/2c veg) Chicken Salad & Cheese Cracker Kit (2M/1G) Sunflower Seed & String Cheese Kit (V) (2M/2G)
Supper Includes: Choice of 1% or Fat Free Milk 1/2 cup Fruit & 1/2 cup Vegetable included with each meal. (V) Vegetarian *All grains are wholegrain rich		Featured Fruit: Monday: Juice or Apple Tuesday: Apple or Pear Wednesday: Orange Thursday: Apple Slices Friday: Apple or Raisins		RevUp Rewards: Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

