# AUGUST BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Vanilla Concha Cheerios Cereal Pancake Sausage Sandwich	Blueberry Muffin Froot Loops Cereal French Toast (V)	Bagel w/ Cream Cheese Cinnamon Chex Cereal Mini Pancakes (V)	Cinnamon Swirl Honey Bunches of Oats Cereal Croissant Sausage Sandwich	Yogurt Parfait w/ Granola Apple Jacks Sausage Stuffed Waffle
	12	13	14	15
Chocolate Chip Muffin Top Cinnamon Chex Cereal Mini Pancakes (V)	Conchita & String Cheese Cheerios Cereal English Muffin Sausage Sandwich	Cinnamon Crumble Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Strawberry Banana Smoothie w/ Granola Apple Jacks Cereal Egg Scramble w/ Sausage	Mantecada Muffin Froot Loops Cereal Pancake Sausage Sandwich
18	19	20	21	22
Vanilla Concha Cheerios Cereal Pancake Sausage Sandwich	Blueberry Muffin Froot Loops Cereal French Toast (V)	Bagel w/ Cream Cheese Cinnamon Chex Cereal Mini Pancakes (V)	Cinnamon Swirl Honey Bunches of Oats Cereal Croissant Sausage Sandwich	Yogurt Parfait w/ Granola Apple Jacks Sausage Stuffed Waffle
25	26	27	28	29
Chocolate Chip Muffin Top Cinnamon Chex Cereal Mini Pancakes ( <b>V</b> )	Conchita & String Cheese Cheerios Cereal English Muffin Sausage Sandwich	Cinnamon Crumble Honey Bunches of Oats Cereal Sausage Stuffed Waffle	StrawberryBanana Smoothie w/ Granola Apple Jacks Cereal Egg Scramble w/ Sausage	Mantecada Muffin Froot Loops Cereal Pancake Sausage Sandwich
Breakfast Includes:	Feature	Featured Fruit:		ewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Monday: Apple or Orange Tuesday: Juice, Apple or Pear Wednesday: Apple Slices or Apple Thursday: Banana or Orange Friday: Applesauce or Apple		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revupreward	ds

### AUGUST BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Vanilla Concha Cheerios Cereal	Blueberry Muffin Froot Loops Cereal French Toast w/ Syrup (V)	Bagel w/ Cream Cheese Cinnamon Chex Cereal	Cinnamon Swirl Honey Bunches of Oats Cereal Croissant Sausage Sandwich	Yogurt Parfait w/ Granola Apple Jacks
	12	13	14	15
Chocolate Chip Muffin Top Cinnamon Chex Cereal	Conchita & String Cheese Cheerios Cereal Sausage & Cheese English Muffin Sandwich	Cinnamon Crumble Honey Bunches of Oats Cereal	Strawberry Banana Smoothie w/ Granola Apple Jacks Cereal Egg Scramble w/ Sausage	Mantecada Muffin Froot Loops Cereal
18	19	20	21	22
Vanilla Concha Cheerios Cereal	Blueberry Muffin Froot Loops Cereal Pancake Sausage Sandwich	Bagel w/ Cream Cheese Cinnamon Chex Cereal	Cinnamon Swirl Honey Bunches of Oats Cereal Sausage Stuffed Waffle	Yogurt Parfait w/ Granola Apple Jacks
25	26	27	28	29
Chocolate Chip Muffin Top Cinnamon Chex Cereal	Conchita & String Cheese Cheerios Cereal Mini Pancakes (V)	Cinnamon Crumble Honey Bunches of Oats Cereal	StrawberryBanana Smoothie w/ Granola Apple Jacks Cereal Pancake Sausage Sandwich	Mantecada Muffin Froot Loops Cereal
Breakfast Includes:	Featured Fruit:		RevUp Re	ewards:
Choice of 1% or Fat Free Milk Fruit of the Day (V) Vegetarian *Cereal Served w/ Honey Grahams *All grains are wholegrain rich	Monday: Apple or Orange Tuesday: Juice, Apple or Pear Wednesday: Apple Slices or Apple Thursday: Banana or Orange Friday: Applesauce or Apple		Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revupreward	s

### AUGUST LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Cheeseburger & Fries Hot Dog & Fries Yogurt & Mantacada Kit w/ Corn <b>(V)</b>	Chicken Dumplings w/ Rice & Peas Pizza Dippers w/ Marinara Sauce (V) Chicken Tamale w/ Mixed Vegetables Cheese Pizza Kit (V)	BBQ Chicken w/ Baked Beans Bean & Cheese Burrito w/ Crispy Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	Teriyaki Chicken w/ Rice & Carrots Penne Pasta w/ Meat Sauce Soy Burger w/ Potato Wedges <b>(V)</b> Asian Chicken Salad	Pepperoni Pizza Cheese Pizza <b>(V)</b> Turkey & Cheese Sub Sandwich
11	12	13	14	15
Crispy Chicken Sandwich & Fries Breakfast for Lunch w/ Sausage & Potatoes Yogurt & Mantacada Kit w/ Corn (V)	Chicken Tamale w/ Mixed Vegetables Penne Pasta w/ Meat Sauce Pizza Dippers w/ Marinara Sauce (V) Italian Trio Sandwich	Sweet Chili Meatballs w/ Broccoli Bean & Cheese Pupusa w/ Curtido (V) "P"B&J Kit (V)	Queso Blanco Bowl w/ Pinto Beans Chicken Tikka Masala w/ Chickpeas Veggie Chef Salad <b>(V)</b> Plant-Born Taco Bowl <b>(V)</b>	Pepperoni Pizza Cheese Pizza <b>(V)</b> Turkey & Cheese Pretzel Sandwich
18	19	20	21	22
Hamburger & Fries Crispy Chicken Sandwich & Fries Yogurt & Mantacada Kit w/ Corn (V)	Orange Chicken w/ Rice & Carrots Penne Pasta w/ Meat Sauce Pizza Dippers w/ Marinara Sauce (V) Cheese Pizza Kit (V)	Beef Taco Stick & Crispy Beans Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	Beef Birria w/ Corn Chicken Bites w/ Mashed Potatoes Soy Burger w/ Potato Wedges (V) Chicken Cesaer Salad	Pepperoni Pizza Cheese Pizza <b>(V)</b> Turkey & Cheese Sub Sandwich
25	26	27	28	29
Cheeseburger & Fries Hot Dog & Fries Yogurt & Mantacada Kit w/ Corn <b>(V)</b>	Chicken Dumplings w/ Rice & Peas Pizza Dippers w/ Marinara Sauce (V) Chicken Tamale w/ Mixed Veg Cheese Pizza Kit (V)	BBQ Chicken w/ Baked Beans Bean & Cheese Burrito w/ Crispy Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	Teriyaki Chicken w/ Rice & Carrots Penne Pasta w/ Meat Sauce Soy Burger w/ Potato Wedges <b>(V)</b> Asian Chicken Salad	Pepperoni Pizza Cheese Pizza <b>(V)</b> Turkey & Cheese Sub Sandwich
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp R	ewards:
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice  Seasonal: Tangerine & Mandarin	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

This institution is an equal opportunity provider. Menus are subject to change without notice.

\*Lunch & Vegetarian- NSLP

# AUGUST BUFFET LUNCH + Made for your



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Hot Dog & Fries Yogurt & Mantacada Kit w/ Corn <b>(V)</b>	Chicken Dumplings w/ Rice & Peas Cheese Pizza Kit <b>(V)</b>	Bean & Cheese Burrito w/ Crispy Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	Teriyaki Chicken w/ Rice & Carrots Soyburger & Potatoes <b>(V)</b> (Unitized) Asian Chicken Salad	Pepperoni Pizza Cheese Pizza <b>(V)</b> Turkey & Cheese Sub Sandwich
	12	13	14	15
Breakfast for Lunch w/ Sausage & Potatoes Yogurt & Mantacada Kit w/ Corn (V)	Chicken Tamale w/ Mixed Veg Pizza Dippers w/ Marinara Sauce (V) (unitized) Italian Trio Sandwich	Bean & Cheese Pupusa w/ Curtido ( <b>V</b> ) "P"B&J Kit ( <b>V</b> )	Chicken Tikka Masala w/ Chickpeas Veggie Chef Salad <b>(V)</b>	Pepperoni Pizza Cheese Pizza <b>(V)</b> Turkey & Cheese Pretzel Sandwich
18	19	20	21	22
Crispy Chicken Sandwich & Fries Yogurt & Mantacada Kit w/ Corn (V)	Orange Chicken w/ Rice & Carrots Cheese Pizza Kit <b>(V)</b>	Cheese Tamale w/ Black Beans (V) Chicken Salad & Cheese Kit & Crispy Beans	Chicken Bites w/ Mashed Potatoes Plant-Born Taco Bowl (V) (unitized) Chicken Cesaer Salad	Pepperoni Pizza Cheese Pizza <b>(V)</b> Turkey & Cheese Sub Sandwich
25	26	27	28	29
Cheeseburger & Fries Yogurt & Mantacada Kit w/ Corn <b>(V)</b>	Pizza Dippers w/ Marinara Sauce <b>(V)</b> (unitized) Cheese Pizza Kit <b>(V)</b>	BBQ Chicken w/ Baked Beans 'Bean & Cheese Burrito w/ Crispy Beans (V) (unitized) Chicken Salad & Cheese Kit & Crispy Beans	Penne Pasta w/ Meat Sauce Soy Burger w/ Potato Wedges <b>(V)</b> (Unitized) Asian Chicken Salad	Pepperoni Pizza Cheese Pizza <b>(V)</b> Turkey & Cheese Sub Sandwich
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance *All grains are wholegrain rich	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice Seasonal: Tangerine & Mandarin	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

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\*Lunch - NSLP Buffet

#### AUGUST SNACK

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Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Cheese Stick & Wheat Crackers	Kettle Corn Chickpeas & Juice	Spicy Chili Lime Rings & Fruit OR Goldfish Pretzels & Fruit	Pizza Crackers & Juice	Goldfish Cheddar & Fruit
11	12	13	14	15
Fruity Crisps & Fruit	Ranch Crackers & Juice	Educational Snacks & Fruit	Cinnamon Grahams & Juice	BBQ Poptillas & Fruit
18	19	20	21	22
Seed Butter & Wheat Crackers	Cinnamon Granola & Juice	Nacho Poptillas & Fruit	Cheese Puffs & Juice	Goldfish Pretzels & Fruit
25	26	27	28	29
Cheese Stick & Wheat Crackers	Kettle Corn Chickpeas & Juice	Spicy Chili Lime Rings & Fruit OR Goldfish Pretzels & Fruit	Pizza Crackers & Juice	Goldfish Cheddar & Fruit
	Snack Includes:	RevUp Re	wards:	
All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice *All fruits meet 3/4 cup equivalent *All grains are wholegrain rich Monday: apple Tuesday: juice or orange Wednesday: Pear Thursday: n/a or juice/orange Friday: apple			Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

\*Snack - NSLP

# AUGUST SUPPER



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Beef Taco Stick(2M/2G) Turkey & Cheese Pretzel Sandwich (2M/1G) Cheese Pizza Kit (V) (2M/2G)	Pepperoni Pizza (2M/2G) Turkey & Cheese Sub (2M/1G) Soy Butter Sandwich <b>(V)</b> (2M/2G)	Cheeseburger & Fries (2M/2G) Chicken Pasta Salad (2M, 1G) Mantecada Muffin & Yogurt Kit <b>(V)</b> (2M/2G)	Chicken Tamale w/ Mixed Vegetables (2M,2G) Italian Trio Sandwich (2M/2G) Veggie Chef Salad w/ Egg <b>(V)</b> (2M/2G)	Chicken Bites w/ Mashed Potatoes (2M/1G) Chicken Salad & Cheese Cracker Kit (2M/1G) "P"B&J Sandwich Kit (V) (2M/2G)
	12	13	14	15
Grilled Cheese ( <b>V</b> ) (2M/2G) Italian Trio Sandwich (2M/2G) Mantecada Muffin & Yogurt Kit ( <b>V</b> )(2M/2G)	Chicken Dumplings w/ Peas (2M,1G) Cold Teriyaki Pasta Salad (2M/1G) "P"B&J Sandwich Kit <b>(V)</b> (2M/2G)	Hot Dog & Fries (2M,2G) Turkey & Cheese Pretzel Sandwich (2M/1G) Cheese Pizza Kit (V) (2M/2G)	Pizza Dippers w/ Marinara Sauce (2MA, 2G) Chicken Salad & Cheese Cracker Kit (2M,1G) Soy Butter Sandwich (V) (2MA, 2G)	Teriyaki Chicken w/ Rice & Carrots (2M,1G) Chicken Caesar Salad w/ Croutons (2M/2G) Veggie Chef Salad w/ Egg (V) (2M/2G)
18	19	20	21	22
Beef Taco Stick(2M/2G) Turkey & Cheese Pretzel Sandwich (2M/1G) Cheese Pizza Kit (V) (2M/2G)	Pepperoni Pizza (2M/2G) Turkey & Cheese Sub (2M/1G) Soy Butter Sandwich <b>(V)</b> (2M/2G)	Cheeseburger & Fries (2M/2G) Chicken Pasta Salad (2M, 1G) Mantecada Muffin & Yogurt Kit (V) (2M/2G)	Chicken Tamale w/ Mixed Vegetables (2M,2G) Italian Trio Sandwich (2M/2G) Veggie Chef Salad w/ Egg (V) (2M/2G)	Chicken Bites w/ Mashed Potatoes (2M/1G) Chicken Salad & Cheese Cracker Kit (2M/1G) "P"B&J Sandwich Kit (V) (2M/2G)
25	26	27	28	29
Grilled Cheese (V) (2M/2G) Italian Trio Sandwich (2M/2G) Mantecada Muffin & Yogurt Kit (V)(2M/2G)	Chicken Dumplings w/ Peas (2M,1G) Cold Teriyaki Pasta Salad (2M/1G) "P"B&J Sandwich Kit <b>(V)</b> (2M/2G)	Hot Dog & Fries (2M,2G) Turkey & Cheese Pretzel Sandwich (2M/1G) Cheese Pizza Kit (V) (2M/2G)	Pizza Dippers w/ Marinara Sauce (2MA, 2G) Chicken Salad & Cheese Cracker Kit (2M,1G) Soy Butter Sandwich (V) (2MA, 2G)	Teriyaki Chicken w/ Rice & Carrots (2M,1G) Chicken Caesar Salad w/ Croutons (2M/2G) Veggie Chef Salad w/ Egg (V) (2M/2G)
Supper la	ncludes:	Featured Fruit:	RevUp R	ewards:
Choice of 1% or Fat Free Milk  1/2 cup Fruit & 1/2 cup Vegetable included wir  (V) Vegetarian  *All grains are wholegrain rich	th each meal.	Monday: Juice or Orange Tuesday: Apple Wednesday: Orange Thursday: Apple Slices Friday: Pear	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

### ALLERGY FRIENDLY



Monday	Tuesday	Wednesday	Thursday	Friday		
Weekly Breakfast Menu	Weekly Breakfast Menu					
Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Cinnamon Chex Bowl, Strawberry Rockinola Granola	GF Cheerios Bowl, Chocolate Rockinola Granola	Corn Chex Bowl, Chocolate Rockinola Granola		
Weekly Lunch Menu						
Turkey Marinara Bowl w/ Green Peas	Chicken Fajitas Bowl w/ Green Beans	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn		
Weekly Snack Menu						
Rockinola Chocolate Granola, Fruit*	Corn Tortilla Chips, Fruit*	Rockinola Cinnamon Granola, Fruit*	Rockinola Strawberry Granola, Fruit*	Corn Tortilla Chips, Fruit*		
Weekly Supper Menu						
Chicken Fajitas Bowl w/ Green Beans	Turkey Marinara Bowl w/ Green Peas	Turkey & Rice Burrito Bowl w/ Refried Beans & Corn	California Turkey & Vegetable Bowl	Beef & Veggie Bowl w/ Zucchini		

#### **Handling Instructions**

Keep food frozen/refrigerated until ready to cook and serve.

Tear open the side of the film, place the tray in the microwave and microwave on high for 3-5 minutes. Ensure the internal temperature reaches 165°F. Allow the food to rest for 1 minute. For conventional oven, set the oven temperature at 300°F, heat the meal for 50-60 minutes from frozen or until thermometer reaches 165°F.

Lunch Includes:	Veg of the Day:	Feautured Fruit:
Milk Alternatives are available through the A La Carte Menus.  (Additional fees may apply.)	Monday: French Fries  Tuesday: Carrots	Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice
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#### Our Allergen Management Plan:

Revolution Foods takes food safety and customer safety seriously. We have an allergen management plan in place to prevent allergen crosscontamination. This meal is free of major 9 allergens and manufactured on a validated clean line. The sanitation process is verified by performing allergen residue testing. Every production batch is being tested against these listed allergies up to the stated limit of detection (LOD) using an accredited test method.

LOD (Limit of Detection)	Target Allergen	LOD (Limit of Detection)
2 ppm	Gluten Protein	4 ppm
5 ppm	Hazelnut Protein	5 ppm
2 ppm	Macadamia nut Protein	2 ppm
10 ppm	Total Milk Protein	1 ppm
2 ppm	Peanut Protein	1 ppm
2 ppm	Walnut Protein	<b>10</b> ppm
2 ppm	Sesame Protein	5 ppm
	2 ppm 5 ppm 2 ppm 10 ppm 2 ppm 2 ppm 2 ppm	2 ppm Gluten Protein 5 ppm Hazelnut Protein 2 ppm Macadamia nut Protein 10 ppm Total Milk Protein 2 ppm Peanut Protein 2 ppm Walnut Protein

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